Adolescent Medicine is a medical subspecialty that focuses on care of patients who are in the adolescent period of development. These providers typically take the place of the child’s PCP.

### Adolescent Medicine Providers and Staff:
- Nicole Mihalopoulos, MD
- Amanda Chatham, Nutritionist
- Amy Adams, Administrative Assistant

### Department code:
PCOS PED ADOL MEDICINE [11482]

### Location:
Eccles Outpatient Services Building
3rd floor, check in to station 5

### New Patients:
Visit Type: NEW ADOL MED VISIT [3060]
Visit length: 90 minutes

**New patient Checklist:**
- When scheduling a new patient please request records if possible
- Any new patient under 8 or over 18 needs approval prior to scheduling
- If patient has SPECIAL NEEDS please send a ML to Dr. Mihalopoulos to give her a heads up.
- If patient was last seen by Dr. Spigarelli, please schedule as a NEW PATIENT

Dr. Mihalopoulos can see for **ANY** Diagnosis, but specializes in the following:
- Gyno appointments
- Obesity
- Weight Management/ eating disorders
- Hypertension
- Diabetes
- Pre – Diabetes
- Menstrual Management
- Hormone injections/gender dysphoria

Call Amy Adams with any questions:
801-213-4128

### Return Patients:
Visit type: RETURN ADOL MED VISIT [3061]
Visit Length: 30 minutes

### PAP Smears:
Not seen in this clinic. Refer to Gynecology

### Hormone Injections (lupron), Testosterone Shots & IUD/ Nexplanon placement:
These all MUST be Pre Authorized before scheduling.

Hottext: All_Prior_Auth_Check
Send To: UOFUPEDS, PREAUTH

Once scheduled PA is complete schedule:
Visit type: FOLLOW UP NURSE APPT [928]
Provider: ECCLES ADMED INJECTION MANAGEMENT
Please inform Dr. Mihalopoulos of time/date.