**Physical Medicine & Rehab**

Physical medicine and rehabilitation (PM&R), also referred to as physiatry, is a medical specialty concerned with diagnosis, evaluation, and management of persons of all ages with physical and/or cognitive impairment and disability.

**PM&R Providers:**
- Michael Green, DO
- Allison Oki, MD
- Teresa Such-Neibar, DO
- Colby Hansen, MD – IP Only
- Katie Byrge, RN
- Christina Cardon, APRN
- Sarah Hokanson, RN
- Katie Larson, RN

**Eccles:**
- Department Code: PCOS PED PHYSICAL MEDICINE [11361]
- Visit Type: NEW PM&R VISIT [3019] (NPMR)

**Riverton:**
- Department Code: RIVERTON PED REHABILITATION [10982]
- Visit Type: NEW PM&R VISIT [3019] (NPMR)

*Note: Patients will still be considered new patients even if they’re following.*

**New Patients:**
Only Dr. Green and Dr. Such-Neibar are accepting New Patients

**Eccles:**
- Department Code: PCOS PED PHYSICAL MEDICINE [11361]
- Visit Type: NEW PM&R VISIT [3019] (NPMR)

**Return Patients:**
Dr. Such-Neibar and Dr. Oki’s RPVs must always be an extended return.

**Eccles:**
- Department Code: PCOS PED PHYSICAL MEDICINE [11361]
- Visit Type: RETURN PM&R [3018]
- Visit Type: EXTENDED RETURN PM&R [3017]

**Riverton:**
- Department Code: RIVERTON PED REHABILITATION [10982]
- Visit Type: RETURN PM&R [3018]
- Visit Type: EXTENDED RETURN PM&R [3017]

Dr. Green needs extended returns (60 mins) for any patients who have a diagnosis of spinal cord injuries (SCI) or chronic pain
- Return pts should follow up with the provider they have been seeing in the past.

**Spasticity Clinic:**
- Mondays
  The spasticity clinic can only be filled with Dr. Oki return spasticity patients for their yearly follow up. This will include meeting with Dr. Oki, the PM&R Nurse and the Occupational Therapist.
  *Note: Not all patients with a diagnosis of SPA will be seen in this clinic, they are only scheduled for a yearly follow up, by provider request (Summary Report).*

**SUBGROUPS**

**Urgent Patient Visits:**
- Department Code: PCOS PED PHYSICAL MEDICINE [11361]
- Visit Type: URGENT PATIENT VISIT [3017]
  - Must have a Message Log documenting the UPV was approved; approval must also be noted in appointment notes.

**Extended Visits:**
- Department Code: PCOS PED PHYSICAL MEDICINE [11361]
- Visit Type: EXTENDED RETURN PM&R [3017]
  Extended, 60 minute, visits with Dr. Michael Green are scheduled only if the provider requests, there is a second opinion needed, or if there is a new diagnosis or any spinal cord injuries.
# Physical Medicine & Rehab

## Colby Hansen, MD:

Inpatient **only**

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| - | Tone management  
| - | Cerebral Palsy  
| - | Torticollis  
| - | Idiopathic toe walking  
| - | Spasticity Issues **(Only by referral per AO)**  
| - | No TBI or NPV  

## Allison Oki, MD:

- Tone management  
- Cerebral Palsy  
- Torticollis  
- Idiopathic toe walking  
- Spasticity Issues **(Only by referral per AO)**

## Teresa Such-Neibar, DO:

- ABI (Acquired Brain Injuries)  
- Pain, Chronic pain associated with MUPS (Medically unexplained pain syndrome)  
- TBI  
- Intramuscular (Dysport and Botox) **in clinic**

## Michael Green, DO:

Dr. Green does not see Pain, Chronic pain associated with MUPS (Medically unexplained pain syndrome) or Mild/Mild Complicated TBI straight from inpatient.  

*Is still seeing Moderate to Severe TIB*

- ABI (Acquired Brain Injuries): **with any severity degree.**  
- Sustained spinal cord injury (traumatic and non-traumatic).  
- Neuromuscular or Muscular Complaints.  
- Genetic/chromosomal differences causing any form of difference in function from typically developing children.  
- NICU follow-up, hypotonia, hypertonia/spasticity, and behavioral disorders. **(If behavior is the only issue, that patient will be better served seeing someone else such as a psychologist or psychiatrist or developmental pediatrician.)**  
- F/U Inpatient Rehabilitation or Rehabilitation Medicine Inpatient Service.  
- Primary Cardiac and/or Pulmonary Disorders and associated Debility/Weakness.

**FYI:** Dr. Green participates in the Transition Clinic, helping with the evaluation and treatment of adults with onset disabilities at the University of Utah Hospital.

## Steps to schedule Baclofen in office:

**Eccles:**  
**Department Code:** PCOS PED PHYSICAL MEDICINE [11361]  
**RIVERTON PED REHABILITATION [10982]**  
**Provider:** Katie Larson, RN

**Riverton:**  
**Department Code:** RIVERTON PED REHABILITATION [10982]  
**Visit Type:** BACLOFEN REFILL VISIT [3014]

When scheduling these appointments, make sure you’re scheduling at the same time that the patients MD is in clinic, so they can come into the room and quickly look over the patient.

Katie Larson **must** be listed as the treating provider, with the patients MD listed as the attending provider.

1. Baclofen pump refills need to be done **TWO WEEKS** prior to their **alarm date** (alarm dates are located in Help2 on the last baclofen note.)  
2. Always must list **alarm date** and whether it is an increase or decrease.  
3. Must include if the appointment is a ‘Pump refill’ or ‘Trouble shooting device’

**Epic Appointment notes Format:**  
**Line 1:** BAC, PUMP REFILL; ALARM DATE MM/DD/YY  
**Line 3:** WHO SET APPT;  

*Note:* Alert Katie Larson via Message Log if the family cancels/reschedules; will check alarm dates to ensure no risk of withdrawal.

## Diagnosis FYI:

- **ABI (Acquired Brain Injuries) with any severity degree:** Includes Cerebral Palsy and Brain Development Abnormalities.  
- **Neuromuscular or Muscular Complaints:** Includes Brachial Plexus/Plexopathy, Torticollis, idiopathic toe walking, Duchenne Muscular Dystrophy, and other forms of Muscular Dystrophy.  
- **Genetic/chromosomal differences:** Includes gait abnormalities, fine motor, and self-care impairments, and speech/cognitive delays.  
- **Sustained spinal cord injury (traumatic and non-traumatic):** Includes Spina Bifida, Tethered Cord Syndrome, Vascular Abnormalities, Neuromyelitis Optica, transverse myelitis, and Multiple Sclerosis.  
- **Behavioral disorders:** If behavior is the **only** issue, that patient will be better served seeing a psychologist, psychiatrist or developmental pediatrician.