# Cystic Fibrosis Cheat Sheet

## Cystic Fibrosis Clinic:

**At Eccles ONLY**
- Fadi Asfour, MD
- Jennifer Hamilton, NP
- Jen Stewart, NP

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]

**Visit Type:**
- NEW CF (30) [2839]
- RETURN CF (30) [2844]
- ANNUAL CF (30) [2865]

Cystic Fibrosis is an inherited life-threatening disorder that damages the lungs and digestive system; in people with CF, a defective gene causes a thick, buildup of mucus in the lungs, pancreas and other organs.

*Patients will **always** need PFTs for visits unless under the age for 4 years old. The PFTs are **not** in a panel and must be added at the **same** time as the visit time.*

Patients that are siblings **must** be scheduled **back to back**

## CF BLOCK DESCRIPTIONS

- **CFC** - CYSTIC FIBROSIS CLEAN
- **CFIS** - CYSTIC FIBROSIS ISOLATION
- **ANN** - ANNUAL EXAM
- **HRP** - HIGH-RISK PATIENT
- **CFBY** - CYSTIC FIBROSIS BABY
- **ANNB** - ANNUAL BABY
- **CFGIC** - CFGI CLEAN
- **CFGII** - CFGI ISOLATION
- **FROZEN SLOT** - FROZEN SLOT FOR INFANT/PRESCHOOL CLINIC

### New Patients:

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]

**Visit Type:** NEW CF (30) [2839]

New patient cases of CF **must** be confirmed by either a quantitative Sweat Chloride test or Genetic testing.

If a parent or a physician office is calling to schedule a new patient in CF:

1. Get the referring provider's info
   - (Name, Location, Phone #, Fax #)
2. Send a message log to UOFUPEDS, HIM to request records and have Dr. Chatfield review those records prior to scheduling

CF clinic is only for patient with a confirmed diagnosis

**FYI:** If they need to be evaluated for possible CF, this should be seen in the general pulmonary clinic

## CF Clean Visits:

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]

**Visit Type:**
- NEW CF (30) [2839]
- RETURN CF (30) [2844]
- AVT: CFC – Cystic Fibrosis Clean

CF Clean visits are ‘routine’ follow up visit types for patients that are over the age of 4 and are not currently sick with a bacterial or viral infection; they also do not need a follow up with a gastrointestinal doctor.

## CF Isolation Visits:

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]

**Visit Type:** RETURN CF (30) [2844]

**AVT:** CFIS – Cystic Fibrosis Isolation

CF Isolation visits are follow up visit types for patients that are over the age of 4 and are currently sick. They CANNOT be placed at the 0800 or 1300 scheduled times; the room is bucket scrubbed post each Isolation patient.

Can fill Isolation slots with non-isolation patients 1 week prior.
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## Annual CF Clinic:

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]  
**Visit Type:** ANNUAL CF (30) [2865]  
**AVT:** ANNUAL EXAM [8]\n**ANNUAL CF BABY** [787]

There are only 2 annual slots per clinic. Siblings **CAN** be double booked for Annual Visits.

Annual visits are 3-4 hour long appointments typically around the time of their birthday; patients will follow up with their providers and have all of their equipment checked.

## Infant Preschool Clinic:

**Held twice per month:**  
**Generally the 1st and 2nd Wednesday**

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]  
**Visit Type:** RETURN CF (30) [2844]  
**AVT:** CYSTIC FIBROSIS BABY [591]

This clinic is for children **under** the age of 5 who generally do **not** need any PFTs; they will request to schedule testing if necessary.

Frozen Slots in the Infant/Preschool clinic is for urgent CF babies. **24 hours** before the clinic, if it’s unfilled, you can backfill with regular CF pts 0-4 years old.

## Pulmonary Function Tests (PFT):

**Department Code:** PCOS PED PULMONARY [11322]  
**Visit Type:** PFT [2809]  
**Provider:** PPULM, ECCLES PFT [2002166] PPULM, RVT PFT [2000160]  
**Time:** 30, 60, or 90 minutes

Pulmonary tests can be done stand alone, or in addition to visits. **All** new patients 4 years or older **must** have a 60 minute PFT with their visit, unless one, or more, of the questions below have an answer of ‘no’

**Questions for PFT:**

1) Can the patient follow Directions?  
2) Can the patient inhale deeply and sharply on command?  
3) Can the patient exhale deeply and sharply on command?  
4) Can the patient seal their lips and teeth around a mouth piece?

## High Risk Clinic:

**Department Code:** PCOS PED CYSTIC FIBROSIS [11455]  
**Visit Type:** RETURN CF (30) [2844]  
**AVT:** HRP – High Risk Patient

**High Risk MDRO (Multi-Drug Resistant Organism) patients** **must** be placed in the last slot of the day. MDRO patients that are **not** high risk will be scheduled in Isolation slots on the regular schedule.

- A patient can be removed from the MDRO list once they have had a sufficient number of clean cultures.  
- If any member of a family has a MDRO, the rest of the family should be treated as MDRO patients.  
- **All** MDRO (Isolation) Patients will have "**CFIS ONLY* DO NOT REMOVE* + your initials and date" in their permanent comments on the EPIC Appt Desk.

Frequent Questions:

**Q:** What should the schedulers do if they have a patient who is high risk but also needs an annual visit?  
**A:** Schedule the patient at 08:00am on a day that does not have an afternoon CF clinic. They will remain in the room for the entire visit with the exception of CXR. (This will only be for a fraction of patients once a year.)

**Q:** What should the schedulers do if they have a patient who is high risk, needs an annual visit and a GI visit?  
**A:** The patient can be seen in CF clinic on a Monday AM and then scheduled with Dr. Pohl in Riverton Monday afternoon or can be scheduled at 1500 with Dr. Robson.

**Q:** What should the schedulers do if they have a patient who is high risk but they also have a sibling that needs to come in the same day that is not high risk?  
**A:** The sibling should be scheduled at the same time as the high risk patient (last patient on the schedule)

## Cystic Fibrosis/Gastroenterology Clinic:

**(CFGI)**

John Pohl, MD  
Jacob Robson, MD

**Department Code:** PCOS PED GASTROENTEROLOGY [11320]  
**Visit Type:** RETURN CYSTIC FIBROSIS (2844)

CF Clean visits are either routine follow up visits or sick visit types for patients that are over the age of 4 and are currently being followed by both the Pulmonologist and a Gastroenterology provider.

The gastroenterology doctors **must** be scheduled at the same time as the CF doctor.